

## PREMARITAL COUNSELING OUTLINE

SESSION	TOPICS COVERED	MEDIA TYPE
Session 1:	The Complete Husband (together) The Excellent Wife Prepare Assessment done online Exploration of communication style and background:	Book Book On-line
Session 2:	Review Enrich Assessment on Role Relationships Danger signs of an unhealthy dating relationship Character traits of successful marriage	CD #39 CD #10
Session 3:	A biblical view of marriage A biblical view of marital roles A biblical view of love	CD #67
Session 4:	Biblical Alternative to Criticism (Communication) How to Solve Conflict Discussion of potential problems - <i>(This is based on the counselor's evaluation of each person's relational strengths)</i>	CD #15 CD #57
Session 5:	Review Enrich Assessment on Relationships Developing a budget for the first year of marriage Principles of biblical finance; <u>CD set by Wayne Mack (optional)</u>	
Session 6:	Review Enrich Assessment/Potential Problems In-law relationships; <u>CD set by Wayne Mack (optional)</u>	
Session 7:	Post-Marital: 3-6 Months after marriage	

Couples who chose to do premarital counseling are choosing wisely. These sessions are critical to long term success in marriage. If there is baggage from the past, it will have to be addressed and may take additional sessions. This counseling takes a lot of work but the benefits are well worth it and long-term. *Please enter into this process seriously.*

This counseling is designed to meet the minimum hours that the state requires for a reduction in the cost of a marriage license.